

# College Access Corps Required Components and Suggested Activities by Grade\*

Component	Grades 4-5	Grades 6-10	Grades 11-12
<p><b>1. Academic Support:</b></p> <p>College academic expectations General academic skills development</p>	<p>Purpose:</p> <ul style="list-style-type: none"> <li>Help students develop a college-going identity</li> <li>Help students strengthen literacy and math skills</li> <li>Help students achieve and/or maintain good grades</li> </ul> <p>Possible Activities:</p> <ul style="list-style-type: none"> <li>Provide academic support with homework</li> <li>Provide academic skills workshops (relevant to your population):               <ul style="list-style-type: none"> <li>Classroom skills</li> <li>Study skills</li> <li>Writing skills</li> </ul> </li> </ul>	<p>Purpose:</p> <ul style="list-style-type: none"> <li>Discuss why academic skills are important (especially within the framework of a college-going identity)</li> <li>Introduce topic of college entrance requirements, and the need to do well in school (8<sup>th</sup> grade and up)</li> <li>Help students strengthen academic skills, and achieve and/or maintain good grades</li> </ul> <p>Possible Activities:</p> <ul style="list-style-type: none"> <li>Provide academic support with homework</li> <li>Provide academic skills workshops (relevant to your population):               <ul style="list-style-type: none"> <li>Time management</li> <li>Test taking &amp; test anxiety</li> <li>Study skills</li> <li>Writing skills</li> </ul> </li> </ul>	<p>Purpose:</p> <ul style="list-style-type: none"> <li>Reinforce why academic skills are important (especially within the framework of a college-going identity)</li> <li>Discuss college entrance requirements, and the need to do well in school</li> <li>Discuss “college level” work and college academic expectations</li> <li>Help students strengthen academic skills, and achieve and/or maintain good grades</li> </ul> <p>Possible Activities:</p> <ul style="list-style-type: none"> <li>Provide academic support with homework</li> <li>Provide academic skills workshops (relevant to your population):               <ul style="list-style-type: none"> <li>Time management</li> <li>Test taking &amp; test anxiety</li> <li>Study skills</li> <li>Writing skills</li> </ul> </li> </ul>
<p><b>2. College Awareness</b></p> <p>General college information Postsecondary options Campus visits</p>	<p>Purpose:</p> <ul style="list-style-type: none"> <li>Provide introductory information about what college is, why it is important, and basic types of colleges</li> </ul> <p>Possible Activities:</p> <ul style="list-style-type: none"> <li>Classroom or individual discussion</li> <li>Flat Stanley visits</li> <li>Visits from college students</li> <li>Campus visits</li> </ul>	<p>Purpose:</p> <ul style="list-style-type: none"> <li>Provide information about different postsecondary options, why college is important, and what college life is like</li> </ul> <p>Possible Activities:</p> <ul style="list-style-type: none"> <li>Classroom or individual discussion</li> <li>Visits from college students</li> <li>Campus visits</li> <li>Online searches or games</li> </ul>	<p>Purpose:</p> <ul style="list-style-type: none"> <li>Provide detailed information about different postsecondary options, why college is important, and what college life is like</li> </ul> <p>Possible Activities:</p> <ul style="list-style-type: none"> <li>Classroom or individual discussion</li> <li>Visits from college students &amp; college representatives</li> <li>Campus visits</li> <li>College fair attendance</li> </ul>
<p><b>3. College Admissions</b></p> <p>College admissions process College application support</p>	<p>N/A</p>	<p>Purpose:</p> <ul style="list-style-type: none"> <li>Provide basic information about the college admissions process</li> </ul> <p>Possible Activities:</p> <ul style="list-style-type: none"> <li>Discuss high school courses required for college admission</li> <li>Discuss the kinds of extracurricular activities that will be helpful for college</li> </ul>	<p>Purpose:</p> <ul style="list-style-type: none"> <li>Provide detailed information about the college admissions process</li> </ul> <p>Possible Activities:</p> <ul style="list-style-type: none"> <li>Discuss what college applications look like</li> <li>Discuss the kinds of extracurricular activities that will be helpful for college</li> <li>Coaches assist seniors with college applications</li> </ul>

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<b>4. Financial Aid</b>  General financial awareness Financial aid process FAFSA support	N/A	Purpose: <ul style="list-style-type: none"> <li>Educate students about basic financial awareness</li> </ul> Possible Activities: <ul style="list-style-type: none"> <li>Workshops on money management</li> <li>Basic exploration of financial aid options</li> <li>Dispel myths about college costs</li> <li>Sign up middle school students for state financial aid program</li> </ul>	Purpose: <ul style="list-style-type: none"> <li>Educate students about the costs of college, financial aid options, and the financial aid process</li> </ul> Possible Activities: <ul style="list-style-type: none"> <li>Discuss scholarships, loans, grants, work-study, etc.</li> <li>Workshops on money management</li> <li>Coaches assist seniors with the FAFSA</li> </ul>
<b>5. Education &amp; Career Plan</b>  Education plan Career exploration	Purpose: <ul style="list-style-type: none"> <li>Guide students in basic career exploration</li> <li>Get students excited about their future options, and show the connection to college</li> <li>Help students develop a college-going identity</li> </ul> Possible Activities: <ul style="list-style-type: none"> <li>Age-appropriate career exploration games</li> <li>Career panel</li> </ul>	Purpose: <ul style="list-style-type: none"> <li>Guide students in basic career exploration</li> <li>Explore connection between college and career goals</li> </ul> Possible Activities: <ul style="list-style-type: none"> <li>Help students choose high school courses that will lead to college eligibility</li> <li>Discuss what careers students are interested in, and what kind of education is needed for these careers</li> <li>Career panel</li> <li>Discuss classes needed to prepare to pursue education for career of choice</li> <li>Age-appropriate career exploration games</li> </ul>	Purpose: <ul style="list-style-type: none"> <li>Guide students in more in-depth career exploration</li> <li>Emphasize connection between college and career goals</li> </ul> Possible Activities: <ul style="list-style-type: none"> <li>Discuss what careers students are interested in, and what kind of education is needed for these careers</li> <li>Career panel</li> <li>Job shadow or site visit</li> <li>Exploration of possible college majors</li> <li>Age-appropriate career exploration games</li> </ul>
<b>6. Support System</b>  Develop college support system – people they can talk to about college	Purpose: <ul style="list-style-type: none"> <li>Assist in creating a support system of teachers, counselors, mentors, parents, other adults to help support student's college going identity</li> </ul> Possible activities: <ul style="list-style-type: none"> <li>Discussions and bonding activities with coaches</li> <li>Communication with school staff and family as needed, and as program permits</li> </ul>	Purpose: <ul style="list-style-type: none"> <li>Assist in creating a support system of teachers, counselors, mentors, parents, other adults to help support student's college going identity.</li> </ul> Possible activities: <ul style="list-style-type: none"> <li>Discussions and bonding activities with coaches</li> <li>Communication with school staff and family as needed, and as program permits</li> </ul>	Purpose: <ul style="list-style-type: none"> <li>Assist in creating a support system of teachers, counselors, mentors, parents, other adults to help support student's college going identity</li> </ul> Possible activities: <ul style="list-style-type: none"> <li>Discussions and bonding activities with coaches</li> <li>Communication with school staff and family as needed, and as program permits</li> </ul>

Please note that the activities listed are just suggestions for implementing the components. They are not required by CAC. If these activities are not relevant to your target population or do not fit with your program structure, please be creative and design other ways to cover these components. Interactive workshops and activities are highly encouraged. See the CAC website for ideas from previous CAC members.