

Identifying interests and tentative career goals

1. **What interests, conditions, or rewards do you think will be most important to you in a career?**

Using the list below as a starting point, list your top five under the column labeled Interests.

- Status
- Income
- Power
- Geographic location
- Working inside/outside
- Working with people/alone
- Helping people/animals
- Flexibility
- Each day is the same/different
- Live to work?
- Work to live?
- Prestige
- Ability to be creative
- Other _____

2. **Which academic subjects interest you most?** Add your top **two** favorite high school subjects to the list under Interests on the worksheet. (Don't restrict your answers to subjects you excel in. We'll consider that in a later step.)

3. **What are your five greatest personal or social strengths?** If you're unsure about your strengths and abilities, ask your friends, parents, or teachers what they think. You can even show them the list below and ask them to pick those traits that best describe you. Your school counselor may also have aptitude tests that can help pinpoint your strengths.

- Teamwork
- Communication

- Finance
- Government and Public Administration
- Health Science
- Hospitality and Tourism
- Human Services
- Information Technology
- Law, Public Safety, Corrections, and Security

- Manufacturing
- Marketing
- Science, Technology, Engineering, and Mathematics
- Transportation, Distribution, and Logistics

Goals

(Personal and/or academic)

- 1.) _____
- 2.) _____
- 3.) _____
- 4.) _____
- 5.) _____