

Gore

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STEP BY STEP: COLLEGE AWARENESS AND PLANNING: EARLY HIGH SCHOOL

National Association for College Admission Counseling (NACAC)

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SESSION 1: IT IS ALL ABOUT ME! MY FUTURE PLANS START TODAY

ACTIVITY #1: COMMON INTERESTS AND CONNECTIONS

Opening Discussion:

Although the decision to go to college is a very personal one and each student needs to decide what is best for him or her, talking with other students who have similar goals and interests can be very helpful.

Activity/Handout:

College Bound Bingo—an ice breaker activity to get the peer conversations started.

Instructions:

1. Print and copy a bingo card for each player. (Pencils required.)
2. Players circulate to find group members who match descriptions in the bingo squares.
3. When a match is found, the player writes the name of the individual in the square.
4. Different names must be used in each square. When players have filled a row with names, they yell "Bingo!"
5. With the group, check the squares and identify the individuals described.
6. Continue the game for a second round, with the new goal of filling the entire card.
(May need to set a five minute time-limit and then award person who came closest.)
7. When players have filled the entire card, they yell "Bingo!"
8. Check the entire card, identifying group members matching each description.
9. Read through card out loud and have all participants stand when a category applies to them.

COLLEGE BOUND BINGO

B	I	N	G	O
Does volunteer work	Would like to go out of state for college	Is a ninth grader	Speaks more than one language	Has been on the honor roll at school
Has a leadership role in his/her high school	Is active in a church, temple, or mosque	Wants to attend a small college	Wants to major in English or journalism	Whose parents or sibling attended college
Wants to major in history or psychology	Was born in a country other than the US	FREE	Has visited a college campus in the last year	Participates in at least one extra-curricular activity at school
Has attended more than one high school	Plays on a sports team	Has a part-time job	Is a 10th grader	Wants to attend a large university
Plays a musical instrument	Is part of an academic enrichment program outside of school (like Upward Bound)	Whose parents did not attend college	Wants to attend a community college	Wants to major in math or the sciences

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SESSION I: IT'S ALL ABOUT ME: MY FUTURE GOALS

ACTIVITY #3: MAKING A NAME FOR MYSELF

Opening Discussion:

Now that students have had a chance to think about what they like and how their interests could lead them to a future path, they should be encouraged to think about specific careers they would like to learn more about—careers where they could make a name for themselves.

Activity/Handouts:

Career Exploration Sheet

Career Interview

Materials:

Markers

Instructions:

1. Have students work in pairs—preferably with a “common interest buddy” from the Bingo Game.
2. Each partner should “interview” the other using the questions on the “Career Exploration Sheet.”
3. Have students design business cards based on the career they think would be most interesting
4. Encourage students to think of people they know who are working in career fields that interest them and ask them some important questions:
 - What did you dream about doing when you were in middle school or high school?
 - How did you decide on this career?
 - How much education did you need career?
 - What is the best thing about your career and what would you change?

CAREER EXPLORATION SHEET

1. I would like to know more about a career in:
2. I think this could be a good career for me because:
3. To learn more about this career, I should talk to:
4. I can also learn more about this career from the following places:
5. This is what my business card would look like if I worked in this career:

Name Here
Title or Profession Here
Address Line
City, State, Zip Code
Phone: (123) 456-7890
Fax: (123) 456-7890
Email: email@here

Think of someone you know who is working in the career field that interests you and ask them some important questions:

Name of Interviewer: _____

Name of Interviewee: _____

- What did you dream about doing when you were in middle school or high school?

- How did you decide on your career?

- How much education did you need for your career?

- What is the best thing about your career and what would you change?